



Every time I lead the Get Your Client Attracting Story Done Virtual Workshop, my heart grows to the next biggest size. It is so rewarding to experience engaged participants dig in and transform their lackluster stories into client attracting magnets.

Clients rave, and this one makes me especially proud:

“Nancy, it is not just what you teach but who you are that blows me away.”

*“I cannot possibly overstate the life-changing impact your Get Your Client Attracting Story Done Virtual Workshop has had on me. I’ve been piddling around with internet marketing for eight years but never felt I had found my personal path. It is not just what you teach but who you are that blows me away: I realize that **what’s been missing is just letting the real me come out**, instead of trying to be so ‘professional’ or ‘deliberate’ in the way I presented myself. Bless you for what you’re bringing to the world, and how you’re helping me and so many others to do the same.”*

--- Susan Blais, *FitandFabOver50*

The “before” and “after” story transformations within the document were completed during the last virtual event. My fondest hope is that you will be among the next inspired group of virtual workshop participants to welcome a similar transformation.

Visit www.byebyeboringbio.com to join us.

It’s Your Story. Tell It Well. Start Today.



Nancy Juetten, 425-641-5214, nancy@authenticvisibility.com

Top “Before” and “After” Bio Transformations

BEFORE

Fanny Ritter is a highly skilled Communication and Performance Expert with a Swiss University Master's Degree in Economics and Social Sciences. On behalf of multinationals she enjoyed a career in HR Recruitment and Headhunting Services in Zürich, Switzerland, for years. Fanny is graduated as "NLP Master Practitioner" and owns several superior coach certifications. She is member of the Spanish Coaching Association (ASESCO) and the International Coach Federation (ICF). As influential top mind thinker and women's game changer she dedicates her products, programs and events to smart women, enhancing their personal relationships. Her book *Butterfly Habits: How to Make Your Honeymoon Last Forever* was inspired by some of the world's most ambitious women and aspires to unleash the unique, feminine leadership flair keeping love alive.

AFTER



Make Your Honeymoon Last Forever Expert Fanny Ritter Milz works with **high achieving professional women whose careers are on fire while their love relationships are on ice**. She shows them how to reignite the spark to enjoy success in the bedroom and the boardroom with equal grace and ease. In quest of a solution to the worldwide dilemma of women to weave their professional brilliance into their personal love life is how Fanny Ritter Milz's path took root to grow. For many years enjoying a fulfilled relationship with her late husband, and living her second marriage happily, Fanny was labeled “Being lucky with men.” Although having an innate genius to understand the other gender's genes, this sentence seeded her decision to dig to the roots of successful love relationships. Her precise mentoring and relationship advice often switches love issues from rain to sun, fast. One client, left by her partner, got him knocking at her door and begging for love within two weeks. Working from a place of integrity and trust, Fanny Ritter Milz was even asked for individual mentoring by the husband of one female customer. To escape ice age, and ignite your love relationship with divine and breathtaking romance so that the home fires burn as brightly as your career, start by reading a **FREE** excerpt of Fanny's book **Butterfly Habits: How to Make Your Honeymoon Last Forever**. [CLICK here](#) and discover:

- The Fairytale about the weaker sex
- The secret game changers in a relationship

- The one single word that shifts your relationship's universe instantaneously

What made the difference for me: Although a bio seems just to be a collection of personal achievements and facts, Nancy Juetten taught me to see that there is far more to reveal. After Nancy's makeover my bio transmits the pearls of my personality, and makes my professional excellence shine. It is structured savvy, tells my story in a juicy way to connect emotionally, and is focused on a specific goal. Thanks to Nancy's spirit my bio shows now clearly who I am, whom I serve, and what my genius is about. It was leveraged exponentially. I can't wait to share it with the world.

BEFORE

Nadine Haupt – FAST Women in Business

Nadine Haupt is the Founder/CEO of **FAST Women in Business™**, the preeminent coaching and consulting firm dedicated to helping motivated women ignite their passion, create financial wealth, and become Fearless, Ambitious, Strong, and Trailblazing (**FAST**).

From pit lane to the corporate boardroom, Nadine has navigated the twists and turns of start-ups, niche businesses, consulting firms and corporations. With over 20 years of experience in professional motorsports, automotive, commercial trucking, engineering consulting, and alternative fuels industries, she is a pioneer for women in traditionally male-dominated technical fields and an expert on how to succeed in them.

In addition to her three engineering degrees and MBA, Nadine holds an Associate Coaching Certification with the International Coach Federation and certification as an Energy Leadership Index – Master Practitioner. Her expertise, business success, and devotion to mentoring women recently earned her a nomination for the 2014 Influential Woman in Trucking Award.

Nadine's clients are drawn to her passion, authenticity, professionalism, and down-to-earth style. Her no-nonsense approach challenges clients while her compassion and support encourages them to make bold moves. Clients are inspired to do more, be more, and have more...because that's what being a **FAST Woman** is all about.

AFTER

Nadine Haupt - “The Successful Career Woman’s Secret Weapon to Massive Impact and Financial Wealth”

F.A.S.T. Women in Business

“Do what you WANT, not what you CAN.” – Nadine Haupt



Nadine Haupt works with **successful career women in fast-paced corporate jobs** who want **to move up the corporate ladder, accelerate their impact and income substantially, and always look forward to Monday mornings.** Through private coaching and mentoring in the proprietary F.A.S.T. signature system, Nadine shows them how --- faster and more easily than by going it alone.

If you are looking for a proven professional who can guide you to address why you are not getting that promotion, what is standing in your way of financial success, and how to create endless opportunities for growth and advancement, you’re in the right place.

Since 1994, Nadine blazed a successful trail in male-dominated technical fields – including becoming the first female trackside engine engineer in IndyCar Racing – and now shares her insider secrets with ambitious career women who are eager to follow her lead.

By helping women to continually take proactive action with focus and confidence, Nadine is creating a community of **F.A.S.T. Women** who are wildly successful, financially independent, and thriving in their professional and personal lives.

What sets Nadine apart from other success coaches is her unique **“F.A.S.T. Track to Success”** Signature System. Clients engage in this proprietary five-step process to determine their S-Factor™, spark their inner passion, change gears, and accelerate their careers toward the success and wealth they are destined for.

Nadine's clients are drawn to her passion, authenticity, professionalism, and down-to-earth style. Her no-nonsense approach challenges clients while her compassion and support encourages them to make bold moves. Clients are inspired to do more, be more, and have more...because that's what being a **F.A.S.T. Woman** is all about.

Proceed full speed ahead by booking your Introductory Consultation Session NOW by calling (888) 277-0610 or online at www.FASTWomeninBusiness.com. Follow Nadine on Twitter @FASTWomeninBiz and connect on LinkedIn at [linkedin.com/in/nrhaupt](https://www.linkedin.com/in/nrhaupt)

BEFORE

Susan Blais was born in 1951 in a small town in Rhode Island. She has always been an explorer and a sampler of different lifestyles, moving about the country and the world in search of adventure and new experiences. She is committed to lifelong learning and has gained expertise in many different subjects.

Her career led through many phases as she worked multiple part-time jobs (over 40 jobs by age 28), then landed in the health insurance industry where she started as a secretary and retired 26 years later as the executive of a billion-dollar division of a Fortune 100 company. She has a Master's Degree in Marriage and Family Therapy which helped her understand systems theory and the way family systems impact people at home, in business, and in government. She has successfully led teams through nine mergers and acquisitions, and is still here to tell the tale.

A generally healthy individual, Susan was laid low by extreme symptoms of menopause in the middle of her executive career. Her quest to overcome menopause led her to get into the best shape of her life in her mid-fifties. She is the author of [Fit and Fabulous for the Fifties and Beyond](#), and has helped women all over the world take charge of their health and to feel and look better than they have in years.

Fit n fab over 50 is the culmination of Susan's research and interaction with fit and fabulous women in many walks of life. She invites you to join her in the never-ending journey toward health, fitness, beauty and a lifestyle to be proud of.

If YOU have insights or stories to share, please contact us at info@fitnfabover50.com. We are always looking for quality writers and creators of products or services of interest to our subscribers.

AFTER

Fitness and Health Mentor for Fab and Brilliant Women 50 and Beyond

Susan Blais



Susan Blais is fiercely committed to guiding accomplished and aspiring women 50 and beyond into vibrant energy, flexible strength, and boundless confidence so they can more easily and quickly achieve what is important in life.

Looking great, feeling great, and living great are worthy ends in themselves. The bigger question is how much more can you contribute to your chosen endeavors when you generate boundless energy from within?

If you are looking for a proven professional who can guide you to overcome nagging overweight, chronic fatigue, and excess stress, you've come to the right place. With eight years' experience working with scores of amazing women all over the world with similar concerns, and guiding them to achieve remarkable success, my mission and commitment is to lead you from feeling fat and flabulous to Fit and Fabulous! Living with zest and vitality is totally within your reach, by learning some simple steps to release the Fit and Fabulous you.

My path to becoming a fitness guide for women over 50 began in my mid-40s, when I was laid low by a shockingly difficult and debilitating menopause experience. My previously excellent health deteriorated to the point where I actually considered suicide. My husband snapped me out of it by providing an amazing AHA experience when he said, "If you don't find a way to deal with this, you won't have to worry about killing yourself, because I'm going to kill you!" So much for thinking I was keeping my suffering to myself! This wake-up call led me into years of research and experimentation, which resulted in getting into the best shape of my life, which has only increased into my early 60s.

Clients say remarkable things about the impact my work has on their life and personal success.

- *"When I decided to take control of my fitness and health these exercises became the backbone of my daily routine. They got me thinking I could do more and I was right. I just finished the Hawaii Ironman 70.3 triathlon."*
Maggie Vogt (61 years young), Honolulu, Hawaii
- *"I am 77 years young and quite active, I've been losing four to five pounds a month and only have three to go to weigh what my doctor says I should weigh. I just want to say a big thank you to you and bless you, be well!"*
Georgeane
- *"I love your program and the way you have developed the lead-in exercises so I can go at my own pace. Sometimes it's discouraging to see women who are so much stronger than me, but I know I'll get there by using your program. It's helping me to get a little stronger every day."*
Maureen Cerf, Petaluma, CA
- *"I'm so impressed with how fit and fabulous you are for your age: you're in such great shape. You are an inspiration to us all and I'm getting into better shape by following your program."*
Marilyn Swadener, Templeton, CA
- *"I am very impressed by the entire Fit and Fabulous for the Fifties and Beyond program. It is so approachable and the information is honest, real and doable; the visualization CD motivated me more than past efforts and I am finally charting a sustained 'take care of me' course. It is a great help to me and I'm sure will be for many women who want to feel and look their best during this time of their lives."*
Kae Hammond, La Quinta, CA

What lights me up about this work is knowing that I help talented and passionate women build an energetic launching pad that helps them put their authentic stamp on the world. Helping these passionate givers bring forth their best selves empowers them to multiply their effectiveness and serve their clients in turn with more energy and power.

Five things about my approach that may surprise and delight you – while serving our work together, are:

- I personally review and test every product and service before offering to my clients;
- My simple yet effective programs get results FAST which increases your motivation to stick with it and achieve lasting results;
- I value and promote effective do-it-yourself methods to feel and look fabulous, as opposed to pills, shots or surgeries;
- My intuition enables me to find the spark of motivation within each woman, and to fan the flames which allow her to express her personal brilliance;

- Busyness and tight schedules are part of most talented women's lives, so my programs are designed for those who "have no time to exercise."

To find out if the FitNFabOver50 program is right for you, please download the FitnFabOver50 Questionnaire [on this page](#). It would be my pleasure and honor to guide you into achieving the results you desire, and to enable your transformation into the Fit and Fabulous You. Let's continue the conversation in the manner that suits you best.

susan@fitnfabover50.com Office: 818-444-7744

What made the difference for me: Understanding the need to be authentic and to focus only on what would matter to my customers, leaving all the extraneous stuff behind.

BEFORE:

Ty Pittman, originally began as a writer at De Anza College, Insider Magazine. Ty's desire to concentrate on topics more related to her passion and focused on the Bay Area was the driving force in establishing TYTE Media. Ty earned a B.S. in Public Relations and a B.A. in Psychology from San Jose State University and has worked in the Public Relations profession for almost a decade. Ty enjoys trips to the beach at night, being supportive and encouraging to people in her journey, and having fun. <http://www.tytemedia.com/>

AFTER:

"There is online ease for non-geek action takers! Don't worry. Be happy. Your business technology superhero is here."

--- Ty Pittman



Do you feel like your journey forward would accelerate if you had a technology expert lighting your way to save your time and boost your confidence? Ty Pittman creates Done4You websites and provides virtual assistance and coaching for non-tech savvy budget-bound solopreneurs, artists, and entertainers up to big things but overwhelmed by time commitments and technology.

In your Sparks Fly™ session, you will STRATEGIZE your digital design, PREPARE your visual palette, CONSIDER your audience focus, DOUBLE CHECK the relevance of all your elements, OPTIMIZE through keywords, and DISCUSS your social media goals to produce a savvy wow website that ignites your visitors. Ty transforms what is conveyed during each Sparks Fly session into a visual and maneuverable reality to create your digital presence. Your website and social media are designed with consistent branding across all platforms.

Ty has been privileged to serve clients ranging from luminaries such as SOULutions Expert, Ilania Fowler-Hughes, to award winning Film Director/Producer Sam Kadi, "The Citizen" to

their bottom line business advantage. Clients say wonderful things about their results AND the process they followed towards achieving them.

"Ignore this webmaster's talents to your own peril."

You Call to Action:

Allow Ty to make SPARKS Fly for your business. It all spells out to great things ahead that can ignite the light and shine it bright. If you like what you read so far this is your invitation, call for a consultation. The journey forward on your path to similar results can begin today.

BEFORE

SPEAKER ONE-SHEET

Wisdom Well Retreats Leader Nina Durfee:

“Live not by default, but by design!”

Nina Durfee is passionately committed to guiding professional women from burned out to fired up so they can balance the scales of their personal and professional lives.

If you want a proven professional who can guide you to address the toll of deadlines, gender bias, and the constant sacrifice of personal needs for professional responsibility, you’ve come to the right place.

With four decades of experience assisting lawyers and judges and eight years as a professional coach and retreat leader, Nina’s commitment is to help you ditch the drama so you can enjoy rich, satisfying relationships with your mate, your kids and most importantly, your Self.

Free 30-Minute Presentation

3 Dangerous Mistakes Professional Women Make That Keep Them Overworked, Over-committed and Overwhelmed

- **Being a Yes Machine**
Women in the role of mother, sister, friend, co-worker and even boss often tend to others needs before their own. Being a Yes Machine can put your very existence at risk. Learn 7 Ways to turn off the Yes Machine.
- **Overcomplicating Things**
Physical clutter wastes your time and contributes to mental clutter. Mental clutter interferes with efficiency and productivity. Emotional clutter stands between you and the love, health, career and prosperity you desire. Learn 7 Ways to simplify your space, your to-do list and your life.
- **Believing Everything They Think**
Focus on the problem makes the problem bigger. What you think and say can sabotage your success, resulting in frustration, dejection, even depression. Learn how to feel better by shifting how you think/

Nina’s satisfied clients include small business owners, corporate assistants in the dental, medical and legal profession, nutritionist/fitness trainers, photographers, digital divas, workshop leaders, and much more.

When asked, “What principal or value do you most closely associate with Nina?” her clients, colleagues and friends consistently answer: Honesty and Integrity. Those who know Nina describe her as a good listener, an inspiring writer, wise, practical, strong, playful and supportive.

Nina’s book, ***Feel Good No Matter What: 52 Inspiring Reflections to Awaken the Life You Love (co-authored with Anna Goldsworthy)*** is just one of many tools she employs to guide clients from fizzle to sizzle on demand and for good.

To schedule Nina to speak for your group call her at 425-495-6967 or email her at nina@wisdomwellretreats.com.

Learn more at www.WisdomWellRetreats.com.

AFTER

Wisdom Well Retreats Leader Nina Durfee

“Live not by default, but by design!”



Nina Durfee passionately guides professional women from burned out to fired up so they can balance the scales of their personal and professional lives to honor themselves with the “me” time they crave.

Nina’s **SIGNATURE EVENT** digs into the “3 Dangerous Mistakes Professional Women Make that Keep Them Over-committed, Overwhelmed, and Headed for Burnout.”

Participants learn:

- The 3 letter word that keeps them overbooked and starving for “me” time;
- The magic question to help them conquer physical, mental and emotional clutter that stands between them and the love, health, career and prosperity they desire;
- The #1 habit that keeps them living by default, and how to shift it to live on purpose and by design.

If you seek an engaging workshop and retreat leader who can guide you to address the toll of deadlines, the challenge of gender bias, and the constant sacrifice of personal needs for professional responsibility, you’ve come to the right place.

With four decades of experience assisting lawyers and judges and eight years as a professional coach and retreat leader, Nina’s commitment is to help you ditch the drama so you can enjoy rich, satisfying relationships with your mate, your children, your business associates and, most importantly, yourself.

Book Nina to deliver this value-packed presentation:

Call: 425-495-6967

Email: nina@wisdomwellretreats.com

Learn more: www.wisdomwellretreats.com

BEFORE

Andrea Isaacs has been on the cutting edge in the field of emotional intelligence since the early 1990s when she created EnneaMotion and Somatic Focusing. These are two different but related systems that draw wisdom from the body's intelligence in order to enhance our lives, transform disturbing emotions so we can build not just "good" but thriving relationships, and to fully live an inspired and conscious life. She has touched and transformed the lives of thousands of people around the world.

In addition to her own workshops, trainings and motivational speaking, she has been on the Enneagram Institute faculty with Don Riso and Russ Hudson for their Enneagram Professional Training Program since 1994. She was co-founding editor-publisher of the *Enneagram Monthly* and was a board member for the International Enneagram Association for six years.

Her collaboration with neuro-science researcher, Dario Nardi, is exploring the effectiveness and impact of how her work changes the brain. With these Brain Lab experiments, she is bridging the Enneagram, emotional intelligence, consciousness and scientific communities.

Andrea has been interviewed on Oprah Radio, and her own ongoing radio show gives her the opportunity to engage with people in the fields of psychology, spirituality, consciousness and neuroscience.

Her webinar series, "Secrets That Can Change Your Life," employs the wisdom of the body to create easy-to-use techniques for lasting change. An international master teacher and powerful coach, her students call her a "spiritual teacher extraordinaire."

In January of 2012, she will be launching her four-part series of modules for the "Life Worth Living" program. The modules include: Learning to Love, Trusting Myself, Who am I Meant to Be? and Manifesting Your Dream: Getting Out of Y

AFTER

Andrea Isaacs

**Transforming and Saving the Lives of Leaders and High Achievers Around the World
by Unleashing Emotional Intelligence and Body Wisdom on Command**



“Listen to your body and change your brain; easy tools for lasting change.”

Andrea Isaacs has been a trailblazer in the fields of emotional intelligence and personal development since 1994. Drawing from the body-mind connection, her unique and proven Body Wisdom approach has guided scores of leaders and high-achievers to recognize an inspired “full body YES” in decision-making that increases the bottom line, improves all their relationships and helps them achieve more happiness and greater success in all areas of life. Would it surprise you to know that increasing emotional intelligence can be life-saving? Andrea created this work to save her own life. With her Body Wisdom tools, she transformed the shyness of her youth into confidence that allows her to transform the lives of thousands of high-achievers around the world, helping them land the job of their dreams, build thriving relationships and a joy-filled life. Visit www.timetrade.com/book/BKV8N to schedule a free 30-minute Body Wisdom Discovery Session to explore how this work can be of service to you.

BEFORE

I am an expert in the concepts of space; as I trained teams to create space for Werner Erhard(EST) and his personal homes, businesses and yacht in which celebrities (including John Denver, Bucky etc) went sailing. In the 1980's I ran a cleaning company for over fifteen years serving elite clientele.

I was lovingly nicknamed the "Closet Prophetess" with my hit radio talk show in the 90's; as I taught tens of thousands of people how to connect with the "noise" of clutter in their home. Eagerly a lady asks "What does it mean when I keep chipped and unwanted dishes in my cupboard?" I assisted her in learning the cost of this behavior and how it shows up in other areas of her life. She felt new hope, joining our community devoted to cleaning homes of low-income households. Our trainings educated them how to recognize their embedded poverty and addiction issues that link to guilt and shame. As a result thousands were able to rise out of their conditions and live happy productive lives. We taught transformative principles that reveal Everybody has a Closet to Clean, and in return got to free our own lives as we lifted up others. Recently we translated these trainings into online webinars and materials to be easily available to the masses.

AFTER

Donna Bell is the Final Answer from Transforming from Clutter to Cure

“Experience greater peace, balance and creativity, wherever you live, work, and play. “

--- Donna Bell



In the 1980's, Donna Bell was known as the Magical Maven of Space. She trained hundreds of people in meticulous cleaning principles that exquisitely detailed Werner Erhard's Founder of EST/Landmark) offices and estates. Today celebrity clients and soccer moms running busy households all agree. Donna Bell is the final answer for transforming from "Clutter to Cure."

"Donna Bell, who you are, brings spirit to the space."

--- Werner Erhard, Grandfather of Transformative Awareness Courses In The World

Donna's impact on physical space is a magic bullet that always hits the target, whether aboard your yacht or at corporate headquarters. Her formula for living reveals the degree to which you are conscious within your physical environment is the degree in which you experience a richly expressed life. Clutter in the home and stacks of paper spilling over on your desk are signs of deeper issues. Donna guides you in clearing your space as you learn transformative principles and practices that resolve core issues of behavior. Ultimately, Donna is a trainer of business brilliance and personal well-being.

A well-known radio personality and talk show host of "Voice of Community" on KSTR and KMGR, callers dial in to describe the condition of their cluttered kitchens, offices and piled up clothes. Through this radio show, thousands of listeners are insightfully guided to uncover their fears and attitudes that influence the perpetuation of undesirable conditions. People continuously sign up for

Donna's Home/Life Makeover Workshops to bring in the transformation they desire and experience rewarding lives.

Her formula for living reveals the degree to which you are conscious within your physical environment is the degree in which you experience a richly expressed personal life and business. Donna guides you in clearing your space to radiate your true self. You learn how to experience a profound relationship with your home and life.

If you are ready to join the many other lives that Donna has transformed, **say YES** to Radiant Design Living and get your questions answered about how Donna can support your profound and lasting transformation. Start first by joining Donna's Magic in Everyday Living community so you can be first to know about new programs taking shape to upgrade the quality of your life and work for the rest of your life.